



May 2011

# The Rotary Club of Pretoria East

Founded 28 March 1961

## ROTARY INTERNATIONAL



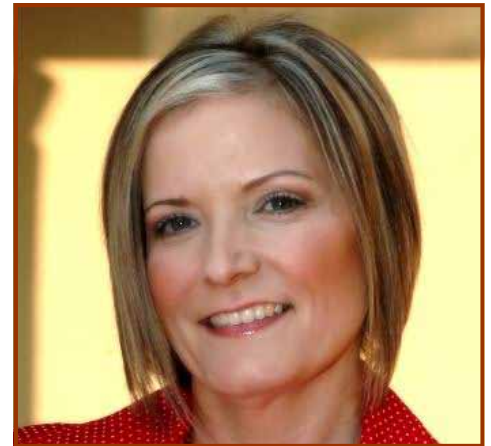
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# President Cheryl's Message

Dear Fellow Rotarians

I am truly amazed by the fortitude of the Pretoria East Rotarians and Anns! Just when I think the Club cannot get busier – it does – with astonishing results. What has been achieved in a very short month has been nothing short of wonderful.

When I indicated that we would have to dig deeply into our energy reserves during April I did not realize how much energy our Club had! The Easter Egg Beg, blanket printing and the subsequent distribution of the eggs and blankets were done without a hitch and in record time. The eggs were well in time for Easter and the blankets were distributed before the cold and wet weather we experienced towards the end of April. Thank-you to all who worked so hard and made these 2 projects a huge success. The difference we all managed to make in the lives of those less fortunate is what gives us our reason for existence. As always it is appreciated.



The Vocational Training Team has made a huge impact at Cullinan Rehabilitation Centre. Not only has the gift of invaluable equipment and training made a difference in the lives of all the residents, it has also made a difference in the lives of the therapists and care givers. The fact also remains that through this exchange Cullinan is now the only centre on the African continent that has received MOVE training and equipment. I hope that it will become a basis for sharing of the knowledge gained and will bind our districts together for many years to come. I am pleased we were able to share the team with all the other Pretoria Clubs and appreciate your hospitality in receiving and entertaining them. The success of this exchange would not have been possible without all the planning and co-ordination of PDG Eben Brümmer and the home hosting by Rotarian Grant Adam. A most heartfelt thank-you to them both, as well as to each and every Rotarian and Ann involved with entertaining the team while they were here. I have received a thank-you letter from them and they have indicated that they had a “mind blowing experience” with us and that firm friendships were made.

Our 2 Music Evening Foundation Fundraisers were a musical masterpiece and raised important funds to assist the Club in honouring their \$100.00 commitment to The Rotary Foundation. From the amount of socializing on the evenings – despite collecting Easter Eggs and printing blankets – it was clear that all the attendees enjoyed what was offered, musical and edible.

We have 2 exciting Fellowships to look forward to in May - our Progressive Dinner and the Anns Christmas in Winter. Nic and I hope to see as many Rotarians, Anns and friends at these functions as possible. A bit of warm Rotary friendship & fellowship at this cold time of the year is just what we need after all the hard work!

We welcome our newest Rotarians – JR Monageng and Maria Koorts - to the Pretoria East family and know that we have been blessed with 2 valuable members who will assist us to continue in our fine tradition of Service above Self.

We are in the final stages of this Rotary year and the results of all our hard work are certainly starting to show. We have succeeded in raising a good amount in funds to honour our commitments to our projects and are well on the way to ending off the year on a high note while we *Build Communities and Bridge Continents*.

As always, Rotary Regards

*President Cheryl*



## ANN PRESIDENT EDIE'S REPORT

Our Anns met on Monday, 18<sup>th</sup> April 2011. Thank you to all the Anns who attended and brought delicious food and wine. It is wonderful having enthusiastic Anns. The initiative of youth and the experience of the older have equal value. The fellowship and friendship that we enjoy is very special. Rotary has taught me again that we have different personalities, each with our own quirks and endearing traits and that life is far too short to bear grudges and point fingers at others. Johan Wolfgang von Goethe, the great genius of German literature once said: If you treat someone better than he deserves, you make him a better person.

A big THANK YOU to Henry and Sandy Sher for the two most enjoyable music evenings. The choice of music was superb and the recordings of renowned singers and pianists had us all in awe. Both evenings were 'feel good' evenings and I hope that we can repeat this Rotary fundraiser in the future. A big THANK YOU to the Anns who catered for both evenings. I am very proud of you.

The Easter Egg Collection was fun, as it always is. There are wonderful people out there who are so willing to donate. Robin and I did the rounds and delivered them to the various places. Other Rotarians did their share and also volunteered to take Easter eggs to the less fortunate. A very sincere thank you to Aglaea for the beautiful Easter bunnies. They will certainly gladden the hearts of children this Easter.

The Anns will cater for the PDG and PDG Anns Advisory Council on the 7<sup>th</sup> May at Niche. This will not interfere with the Progressive Dinner later that same day. We look forward to both events.

Please diarise Saturday the 28<sup>th</sup> May for our Christmas in Winter Dinner/Dance. It will be held in the evening at the Protea Retirement Center in The Willows. The evening will start at 18.00 for 18.30. Dress is smart/casual. The tickets cost R100.00 per person. There will be a cash bar available. Please support your Anns and bring along family and friends. This is our own fundraiser and we hope to make a penny or two for Foundation and other deserving causes. Tickets' will be sold closer to the time.

The Rotary Anns AGM will be held on the 13<sup>th</sup> June 2011 and not on the 20<sup>th</sup> June 2011 as noted in the Rotary calendar. We had to change the date, as Robin and Edie will be in the UK visiting family.

Our next Anns meeting will be held on the 23<sup>rd</sup><sup>th</sup> May 2011.

**Edie Jones**—Ann President



## **ROTARY SUPPORTS INNOVATIVE TRAINING PROJECT FOR THE PHYSICALLY DISABLED**

The Rotary Club of Pretoria East had the unprecedented privilege of hosting the Vocational Training Team headed by Dr Terry Greenwood, Past President of the Salisbury Rotary Club, Maryland (D7630), who arrived at the Cullinan Care and Rehabilitation Centre on Monday, 11 April 2011, amidst great jubilation, singing and dancing by the staff of the Centre.

Apart from Dr Greenwood the team included David Rich, PP of the Southern New Castle Rotary Club, together with therapists Sarah Patterson, Jane Miller (who regrettably had to return home early due to a death in the family) and Nikole Visan. The team was home-hosted by Rotarian Grant Adam for which the club is grateful.

Pretoria East has for a number of years been involved with the Cullinan Rehabilitation Centre and has looked for an opportunity to assist in their upliftment. Now supported by a Rotary International Global Grant (GG 25012), the Vocational Training Team from D7630, U.S.A. have been able to expand the type of services available to care users at the Cullinan Care and Rehabilitation Centre, for a full two week period. Innovative ideas and equipment were introduced and the Centre's personnel were trained to ensure maximum advantage.

MOVE (Mobility Opportunities Via Experience) International has been carrying out similar training since the 1980's, by working with individuals with profound physical disabilities and teaching new skills using motivating techniques and experiences. The equipment which was used for the first time in Africa, was specially brought from the USA and donated to the Centre. It primarily helps individuals with disabilities to improve their lives, both physically and emotionally. The repositioning exercises afford the users various advantages which combat diseases such as obesity, muscle contractions, osteoporosis, depression and overall decomposition of the body.

At the welcoming ceremony, President Cheryl Jute presented 5 wheel chairs to the Cullinan Care and Rehabilitation Centre, together with Easter Eggs for the patients.

The Rotary Club of Pretoria East does not treat this special privilege lightly and we are delighted to have been appointed to host the Vocational Training Team during their two week visit to South Africa, and the Cullinan Care and Rehabilitation Centre which we have taken under our wing, has benefited greatly.

***PP Eben Brümmer and Rtn Margaret Watkins***

### **ROTARY VOCATIONAL TRAINING TEAM**



**L.t.r. Ms Jane Miller, Ms Sarah Patterson, Dr Terry Greenwood (Team Leader),  
DG Don Hackett(U.S.A.), Mr David Rich, Ms Nickole Visan**

## EASTER EGG COLLECTION

It was that time of the year again, when Easter Eggs were collected on the 9<sup>th</sup> and 16<sup>th</sup> April outside the Lynnwood Ridge, Hillcrest and Willow Way Pick 'n Pay stores. Thanks to the efforts of some of our members, approximately 9500 eggs were collected and disseminated to a large number of organisations in and around Pretoria.



Our thanks and appreciation go to Pick 'n Pay, their willing customers who supported our project and those who collected and distributed Easter Eggs. We could not have done it without you!

## FOUNDATION MUSIC EVENINGS

The Foundation Committee once again organized two music evenings at the Sher Theatre in aid of raising funds for RI Foundation. These events were held on the 9<sup>th</sup> April, Glitz and Glamour of Broadway, and an evening of Light Classical Music on the 16<sup>th</sup> April. The Anns graciously provided light meals served at interval and were enjoyed by all.

A special treat was piano music supplied by Rea du Toit who graciously donated her time before the events and during the intervals. Those of us who purchased her CD have continued to enjoy her music.

Although Henry states that the equipment in the Sher Theatre is the same found in anyone's home, it is still of a quality that most of us only dream about! The beautifully appointed theatre, designed and built by Henry and Sandy, is a pleasure to sit in and both evenings were enjoyed by all who attended. An amount of R8200 was raised in aid of Foundation and we would like to thank Henry and Sandy for their marvelous hospitality, the Anns for the delicious food and everyone who participated by selling tickets and attending this event.



## CUDDLE UP WITH PRETORIA EAST

The Rotary Club of Pretoria East was fortunate to find a supplier of wool mix blankets at a very reasonable price, provided we took their entire stock. Rtn Grant Adam stepped in and paid for the additional blankets over budget and PP Terry Watkins paid for the additional costs for courier charges and screen printing.

Work parties coordinated by Margaret and Terry on 2<sup>nd</sup> and 9<sup>th</sup> April achieved the objective of stencilling the 375 blankets with a Rotary Wheel and the name of our club. There was a tremendous spirit of fellowship on both mornings with everyone performing their designated task with enthusiasm. The cry of “BLANKET” to have the completed blanket removed from the printing table followed us into our dreams that night, and comments such as “Ek maak droog” and “I’m full of hot air” by the handler of the hair drier kept us all amused. Neville Young, the official squeegee holder and time keeper (our best time was 22 seconds to complete a blanket), took a series of photos which he “stitched” together giving us a 360° photograph, depicting our work for the morning. Thankfully we completed the screen printing task in record time as it hasn’t stopped raining since then and we needed all the sun we could get to dry the blankets.



Candy doing an audit!



For a while the Watkins’ had wall-to-wall blankets in their lounge, but they have since been moved out, with 175 blankets being donated to the Winterveldt HIV/AIDS project; another 175 went to Viva Village for Orphans and Vulnerable Children (an offshoot of the Berakah Educational Trust) and 60 blankets went to LIG Kinderbediening in Danville, Pretoria following a request from President Cheryl. 15 blankets remain in stock for contingency purposes.

Thank you to all who made this project possible.

There will be many who will be thankful for the warmth we will be providing this winter.





4 June 2011

Swartkop Airbase

For all the details visit

<http://www.picknpay-rotaryfunrun.co.za>

Flyers available from committee

or on [www.rotarypretoriaeast.org.za](http://www.rotarypretoriaeast.org.za)



# FUN RUN

## 4 JUNE 2011

Robin and Terry handing out flyers at the Wally Hayward Marathon on Workers Day.

Helpers are urgently needed to hand out pamphlets at the marathons taking place on 7, 14 and 28 May. Please do get involved as this fund raising event is important in the life of our Club. "



## School Uniforms for Winterveldt HIV/AIDS Project Orphans

*Report by Mayda de Winter*

Camilla Wolf lives in Holland and her children attend the British School in Amsterdam. About two years ago Camilla started bringing clothes that her children had outgrown to her mother, who is a friend of Mayda, for children who needed clothing. These clothes were given to orphans at the HIV/AIDS Project which is supported by Pretoria East. One lot contained several white school shirts which were very useful for orphans who do not pay school fees, but are expected to wear the

correct uniform of the school they attend. When Camilla was told this she started a project at the British School in Amsterdam where money was collected to be given to charities chosen by the school. After a presentation by Camilla about the orphans in Winterveldt, we were fortunate to be chosen as one of three charities to be supported that year. The Euros sent amounted to over R25 000. A list of 50 orphans with their ages and schools attended was supplied by the HIV/AIDS Project and we set about purchasing some items of school uniform (including shoes) for each child.



A great day was had on Saturday, 9<sup>th</sup> April when the uniforms were distributed. The children, along with their Caregivers – grandmothers, Aunties, friends as well as siblings - gathered at the HIV/AIDS Office. Pam Graham, mother of Camilla, accompanied Bernard, Clive and Mayda together with Emily and Martha Lane, who donate R2000 a month to give 15 adults who are on ARV and TB treatment a food parcel, thus enabling them to have a meal a day for a month.



## April was a busy month for Pretoria East

On 4 April new member JR Monageng was welcomed by President Cheryl and his sponsor Grant Adam



And a week later it was Maria Koorts who was inducted. Her sponsor was Albie Mulder



and on the same evening we welcomed the VTT team to the club and banners were exchanged.

